

H u s t l e H e r o

Andy Houghton

Age: 30

Occupation: Director of wheelchair-sports program, Pomona, California, and co-host of *Planet X*, a cable television show.

On hustling: It's simple: I don't want to be a 90-year-old man telling my grandchildren that I should've, could've and would've. My goal is to make an impact on the way we view people with disabilities. I feel like crap a lot of the time. My body

doesn't function like an able-bodied person's. My back bothers me. Sometimes it's difficult to get up in the morning and be a positive person.

But I have my dreams and I have my goals. I get up every day and eat my Wheaties and make it happen. It's like when I play hockey. I'm not the best player out there, but I'm sure one of the best players overall because I do what has to be done.

—J.B.



passed 180 and the trail began spinning, I made it.